

Yoga for Harmony & Peace



**Join us in Celebration of
The International Day of Yoga
Thursday, June 21, 2018
7 to 8.15 pm
Wellness Workshop HQ
Radium Plaza**

**Experience 8 Limbs of True Yoga
Family Friendly Peacefully Inspiring Event
\$15 (free for kids under 12 years)**

A tasty cooling buttermilk drink made with homemade yogurt, fresh ginger, turmeric, lime juice and digestive spices will be served after the session.